



DAVID DUNAWAY  
& ASSOCIATES

CHANGING THE FACE OF PLASTIC SURGERY

PATIENT  
BROCHURE

**HARLEY  
STREET W1**

**CITY OF WESTMINSTER**

## Welcome to David Dunaway & Associates

This brochure is designed to guide you through some useful information regarding the treatments available at the practice and what you can expect when you choose to have your procedure with us.

You may also like to visit our website **[www.daviddunaway.co.uk](http://www.daviddunaway.co.uk)** for comprehensive information and videos about our available treatments & procedures, our team and our established central London practice.



## About Professor David Dunaway

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Professor Dunaway is a world-renowned surgeon with over 15 years experience in private practice.

He proudly leads the world famous craniofacial unit at Great Ormond Street Hospital for Children and is actively involved in teaching and research, both nationally and internationally. He is one of the few plastic surgeons who provide specialist care to children within the private sector.

Named by 'The Times' as one of Britain's top surgeons and top children's doctors, David is an expert in facial & reconstructive plastic surgery, in both adults and children and in treating congenital or acquired deformities. He is a pioneer in the use of custom-made facial implants and one of the very few surgeons who offer this unique & sought-after procedure.

Professor Dunaway is past president of the plastic surgery section of the Royal Society of Medicine and Secretary General of the European Society of Craniofacial Surgeons. He undertakes voluntary work in Africa and is a Trustee of Facing Africa, a British charity treating African children with Craniofacial Deformity.



In 2016 Professor Dunaway received a CBE for services to facial surgery.

As one of 'Tatler's' top Plastic Surgeons for Facelifts, Professor Dunaway is able to offer cosmetic surgery patients only the very best care and expertise available in the industry, with a modern and personalised approach.



## About Justine O'Hara

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Dr. Justine O'Hara FRACS (Plas), MBBS (Hons), BSC is a fully qualified Plastic & Reconstructive Surgeon. Dr. O'Hara is a highly skilled and experienced paediatric plastic surgeon and currently works at Great Ormond Street Hospital for Children alongside Professor Dunaway. In addition to her children's surgery services, Dr. O'Hara also specialises in cosmetic, plastic and reconstructive surgery for adults with a special interest in facial aesthetics, body contouring and breast surgery.

Dr O'Hara completed her rigorous training in Plastic and Reconstructive Surgery in Sydney, Australia. She wished to further her skills and specialisation and completed multiple Fellowships in the United Kingdom; areas of super-specialisation Fellowships in Craniofacial Surgery at Great Ormond Street, Microsurgery in Cambridge, Burns Surgery in Chelmsford and Cosmetic Surgery with Mr Barry Jones. This breadth of specialisation provides Dr O'Hara with an adaptability and skill to help patients discuss everything from the safe removal of a skin lesion through to a 'new you' with a 'mummy makeover'.



As a female Plastic Surgeon and mother, Dr O'Hara understands the challenges the modern woman faces. Her attention to detail and care of her patients young or old, is exceptional. She understands the privilege and responsibility to be chosen as your surgeon and will work with you to achieve the best possible results.





**“The best  
expertise in facial  
plastic surgery  
available in the  
industry”**



## Our Ethos

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At David Dunaway & Associates, we aim to deliver the ultimate patient experience for adults & children seeking minor and major plastic, cosmetic and reconstructive surgery. Our aim is to improve the quality of life for our patients, which involves understanding their lifestyles and aspirations, whilst always undertaking safe and innovative treatment delivered by leading surgeons in state-of-the-art-facilities.

## The Practice Team

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Professor Dunaway adopts a multi-disciplinary team approach to surgery and both he and his associates work alongside London's leading consultant anaesthetists and clinical nurse specialists. His caring & experienced team extends to his Practice Manager, Suzie Fox and his PA Sussan Qutbi, who are both here to assist you right from the very beginning of your journey, all the way through to your aftercare and beyond.

The practice is committed to making your operation or treatment with us a safe and pleasant experience. When choosing David Dunaway & Associates, you can be assured that you will be offered only the finest standards of advice, treatment and support every step of the way.





# Cosmetic Surgery

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We specialise in facial cosmetic surgery and offer an holistic approach to treatment. Your initial consultation will be focused on defining your wishes, discussing the procedures available and the advantages and disadvantages of each treatment.

State-of-the-art digital planning software is available to demonstrate changes achievable by surgery. For those who are unsure whether to proceed with cosmetic surgery, we work closely with psychiatrists and psychologists specialising in facial appearance.

Our aim is to always produce natural enhancements to facial form and our team offer a full range of expertly provided surgery and treatment.

- Browlift
- Cheek Augmentation and Reduction
- Eyelid Surgery (Blepharoplasty)
- Facelift
- Facial Rejuvenation
- Genioplasty (Chin Augmentation/Reduction)
- Neck Lift
- Non-Surgical Aesthetic Treatments
- Pinnaplasty
- Plagiocephaly treatment in Adults
- Rhinoplasty



# “Professor Dunaway is lead Craniofacial Surgeon at Great Ormond Street Hospital for Children”

## Children’s Plastic Surgery

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David Dunaway is one of a few plastic surgeons in London, that specialises in Children’s Plastic Surgery and is named by ‘The Times’ as one of Britain’s Top Children’s Doctors. We specialise in the management of children’s craniofacial conditions, skin lesions, vascular anomalies and scarring in children.

We embrace a multi-disciplinary approach to paediatric surgery, working with only the finest specialists & colleagues, in order to achieve the best outcomes for children and their families. Here are just some of the paediatric conditions & techniques David Dunaway & Associates specialise in.

Further detailed information on each condition can be found on our website or alternatively, we would be happy to send this information to you by post or

e-mail at your request.

- Birth Marks
- Craniofacial Surgery
- Facial Deformities
- Gynaecomastia
- Haemanglomas
- Hemifacial Microsomia
- Plagiocephaly
- Prominent Ears
- Treatment of skin lesions
- Scar Treatment & Management
- Tissue Expansion
- Vascular Anomalies

# Craniofacial Surgery

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David Dunaway & Associates are UK leaders and pioneers in head, facial and neck reconstructive surgery for adults and children.

The specialist area of craniofacial surgery involves the treatment of facial deformities, arising from birth defects or trauma, cancer treatment and a number of acquired conditions. During your first consultation, you will have the opportunity to discuss your wishes and expectations in detail. The advantages and disadvantages of different procedures will also be considered.

Our approach to craniofacial conditions is multidisciplinary and is focused on restoring both appearance and function. Many of the conditions we treat are complex and our focus is to provide expert care and support through the planning process, treatment and rehabilitation. Most craniofacial problems are rare and many are unique, so our focus on personalised medicine and surgery means that we can provide individualised solutions to uncommon, difficult problems.

Here are just some of the craniofacial conditions & techniques David Dunaway & Associates specialise in.

Further detailed information on each condition can be found on our website or alternatively, we would be happy to send this information to you by post or e-mail at your request.

- Craniofacial Reconstruction after trauma and cancer treatment
- Hemifacial Microsomia
- Macroglossia in Beckwith Weidaman syndrome
- Plagiocephaly in Adults (abnormal head shape)
- Positional Plagiocephaly (in babies)
- Single Suture Synostosis
- Syndromic craniosynostosis (e.g. Apert and Crouzon syndrome)
- Treatment for complex craniofacial vascular anomalies



**“Professor Dunaway is  
named as one of Tatler’s  
top plastic surgeons for  
facelifts”**



## Our Clinics & Hospitals

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David Dunaway & Associates private practice is based at 152 Harley Street. Consultations, local anaesthesia cases for adults and children and sedation cases for adults are all undertaken here.

Inpatient care for adult cosmetic & reconstructive procedures takes place at The London Clinic, The Wellington and The Weymouth Hospital.

## Local Anaesthetic & Sedation for Cosmetic & Plastic Surgery

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David Dunaway & Associates are proud to be performing plastic & cosmetic surgery procedures, including Facelifts under local anaesthetic with sedation. These techniques have been developed by Professor Dunaway and his team of consultant anaesthetists and we are one of only a few plastic surgery practices in the UK who offer this type of surgery in our on-site, state-of-the-art theatre at 152 Harley Street.

This means that our patients are able to leave shortly after their procedure, but still receive the same thorough & excellent aftercare that they would expect with a general anaesthetic.

Children are treated at The Portland Hospital & Great Ormond Street Hospital. Inpatient care is supported by our dedicated team of hospital doctors, clinical nurse specialists and theatre personnel.

Administration of the sedation & local anaesthetic results in you becoming sleepy & drowsy, pain free & most likely amnesic, such that you will have very little recollection of the procedure.

Recovery after sedation is much quicker than with general anaesthesia. The same applies for the side effects that can sometimes be experienced, for example nausea & vomiting, headaches, muscle pains, sore throats, which occur far less than with general anaesthetic; in fact with sedation, very few patients experience any side effects at all, making it a hugely popular option.



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**“Sedative drugs help you to relax  
& relieve anxiety without requiring  
you to be asleep during your  
procedure”**

## International Patients

We pride ourselves on our exceptional care & experience in looking after our international patients. We liaise with recognised entities such as Embassies & Insurance Companies to ensure that your experience with us is second to none.

Our specialist team can assist you with everything from selecting the best medical treatment for your specific needs, to arranging appointments & admissions & organising final accounts & billing.

We can begin to arrange your procedure and your stay in the UK in advance of your travel, so you have the peace of mind knowing that everything is organised and arranged before you leave home. David Dunaway & Associates have an in-house Arabic speaker and translator for all of your Arabic language requirements.





**“Facelifts and other cosmetic surgery procedures can be safely & effectively performed under local anaesthetic & sedation”**





## Insured Patients

David Dunaway & Associates are recognised by the majority of private health insurance companies.

Your medical insurance company will pay your anaesthetist & surgeon fees separately to their payment to the hospital that you are having your procedure at for the facility fee.

Please be sure to check with your insurance company that they cover all aspects of your treatment. You are liable for any fees unpaid by your insurer.

Please be aware that your private medical insurance might not cover everything, for example take-home medications & non-clinical services & there will be a charge for these, which will automatically be added to your personal account & settled before you are discharged from hospital.





**“We practice personalised surgery with cutting-edge techniques, all with a supportive and holistic approach”**

## Aftercare

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You will need to rest until the effects of the anaesthetic have passed. You may need pain relief to help with any discomfort as the anaesthetic begins to wear off. You will need to arrange for someone to take you home. Try to have a friend or relative stay with you for the first 24 hours after your operation.

General anaesthesia temporarily affects your co-ordination and reasoning skills, so you must not drive, drink alcohol, operate machinery or sign legal documents for at least 24 hours afterwards. If you are in any doubt about driving, contact your motor insurer so that you are aware of their recommendations and always follow your surgeon’s advice.

Your nurse will give you some advice about caring for your healing wounds and a date for a follow-up appointment before you go home.

You or your child will usually return for a review appointment one week after surgery, to ensure recovery is proceeding as expected and to remove any dressings and non-dissolvable stitches.

We will discuss the best way to look after scars, to ensure the best possible outcome and will offer guidance if needed about a gradual return to normal activity and work or school.

For more major operations, it is often necessary to return for several post-operative appointments.

Most people are able to return to work about 14 days after surgery, although most of the bruising should settle in the first week.



## FAQ's

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### **What is a General Anaesthetic?**

General anaesthesia is a state of controlled unconsciousness. During a general anaesthetic, medications are used to send you to sleep, so you are unaware of surgery and don't move or feel pain whilst the procedure is carried out.

### **How long do I need to fast for before I have a general anaesthetic?**

We advise our patients to fast for 6 hours before their surgery and to have small sips of water up until 2 hours before the surgery. Fasting reduces the risk of regurgitation and aspiration and damage to lungs by acid if regurgitation does occur during surgery.

### **What do I need to do following a general anaesthetic?**

Following your procedure, your surgeon will ask you to book an appointment one week post-operatively for removal of any non-dissolvable sutures. If you need pain relief, you can take over-the-counter painkillers,

such as Paracetamol or Ibuprofen. It may take 24 hours to recover from your anaesthetic. During this time you should not drive, drink alcohol, operate machinery or sign any important documents.

### **What is a local anaesthetic?**

Local anesthesia is any technique to induce the absence of sensation in a specific part of the body, generally for the aim of inducing local analgesia.

### **Do I need to fast before a local anaesthetic procedure?**

There is no need to fast before an LA. You may drink and eat right up until the time of your procedure. It takes around 1-5 hours for the LA to wear off.



## Our Locations

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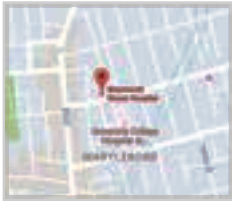
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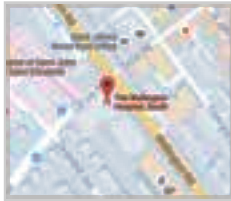
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Great Ormond  
Street Hospital



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The Portland  
Hospital



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The Weymouth  
Hospital



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The Wellington  
Hospital



.....  
The London Clinic

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